

## MEDIA RELEASE

For Immediate Release

### Fall in Burlington!

**BURLINGTON, September 2010** - In Burlington there are many great things to do, and what a wonderful way to spend some time with your family!

**[Veggie Village: 100 Mile Produce Gardens at RBG](#)** - Grow a smaller global footprint. Eating locally grown, seasonal produce is good for you, good for your community, and good for the planet! **[Visit Veggie Village](#)** to discover the many benefits of embracing locally grown produce in your diet. Explore seven diverse demonstration plots including the heritage-filled Grandmother's Garden, the exotic Global Garden and the ultra-modern Urban Edibles. Along the way, you'll find tips and tricks for growing your own vegetables and supporting local farmers.

**[Alight Exhibit](#)** - A new exhibit of 60 avian paintings is on display at the AIC Gallery at the **[Burlington Art Centre](#)** from September 18 - November 9. Reknowned and award-winning Burlington wildlife artist **[Chris Bacon](#)** is featuring his works this fall. Admission is always free at the **[BAC](#)**!

**[Conservation Halton's Fall into Nature](#)** - This festival celebrates the spectacular landscapes and colours of the Niagara Escarpment. It takes place over five days on two weekends in October - Thanksgiving weekend, and the weekend of October 16 and 17. The festival runs at all six of **[Conservation Halton's](#)** main parks: Mountsberg, Crawford Lake, Kelso, Rattlesnake Point, Hilton Falls and Mount Nemo Conservation Areas. Additional evening hour programming is offered at Kelso on October 9 and Rattlesnake Point on October 16. New this year is special mid-week programming at Mountsberg and Crawford Lake. Visit **[website](#)** for more details. Regular park entrance fees apply.

**Tourism Blog** - Check out the Tourism blog **[Discover Burlington Ontario](#)** with stories about our adventures. Check out items on culinary experiences, shopping trips, and various events such as the Milton and area studio tour, 50th Anniversary of the Burlington Historical Society, and Amazing Bed Race. Add you comments, forward to a friend, be a guest blogger! Stay tuned as we blog about Fall into Nature, Burlington Hotel Deals and more!

**Burlington Hotel Deals**- Invite your family and friends to visit Burlington. With great hotel deals being offered at local Burlington Hotel Association properties the timing is perfect. One and two night packages now available at \$20 off regular room rate. **ADDED BONUS** - Package includes your choice of one \$20 Gift Card.

Invite your friends and family to your new guest suite...in a Burlington hotel. Visit the website for details.

Burlington has so much to SEE & DO. Tourism Burlington is promoting local attractions and events and has all the information you need to fill your summer with great things to see and do.

Visit the website at [www.tourismburlington.com](http://www.tourismburlington.com) for:

- ❑ Festival and Events Listings
- ❑ Coupons for local attractions, restaurants, and accommodations
- ❑ Great Burlington Hotel Deals!
- ❑ Things to See & Do, Where to Dine, Where to Shop and much much more!

Tourism Burlington is the destination management organization for Burlington and operates a Visitor Centre that is open 7 days a week at 414 Locust Street just minutes from our beautiful waterfront.

For Further information, visit [www.tourismburlington.com](http://www.tourismburlington.com) or contact Tourism Burlington at (905) 634-5594.

Tourism Burlington contact:  
Simone Babineau, Marketing & Sales Coordinator  
414 Locust St. Burlington, ON L7S 1T7  
905.634.5594  
[babineaus@burlington.ca](mailto:babineaus@burlington.ca)