

MEDIA RELEASE

For Immediate Release March 9, 2011

Take a break in Burlington over March Break!

March Break is right around the corner. Do you know what you will be doing with your kids? In Burlington there are many great things to do! Tourism Burlington's Visitor Centre at 414 Locust Street is a great source of information for WHAT TO SEE & DO! You can visit us in person or on [our website](#) or link to and read [our Blog](#) for more information.

March is Maple Syrup Month! If you are looking for a sweet way to spend a day, visit one of the many maple syrup festivals in and around Burlington. [Crawford Lake's Sweetwater Season](#) features native style Sweet Water presentations and complimentary samples. Take a guided hike through the maple trees on a Sappy Stroll and then enjoy a free craft time for kids. This tasty festival will daily during the March Break from 10am to 4pm. In addition, you can explore the 15th century Iroquoian Village and reconstructed longhouses, and enjoy the interpretive boardwalk around the beautiful and rare Crawford Lake on 19 km of great hiking trails. At [Mountsberg's Maple Towne](#), see how sap is magically transformed into sweet, sticky syrup and smell the fragrant steam rising from the simmering kettles. Fresh Ontario maple syrup flows out of the 500+ taps on their sugar maple trees. Enjoy piping hot pancakes smothered in fresh maple syrup and then stay to enjoy dramatic birds of prey demonstrations, view bison, eagles, hawks and owls along the wildlife walkway and a guided, leisurely horse drawn wagon ride through the sugar bush. Visit this sweet town daily during the March Break from 10am to 4pm, with the whole park opening at 9:30am. Visit [Bronte Creek](#) and enjoy a guided tour of the [Maple Lane](#), where 1890s-costumed interpreters demonstrate how to tap maple trees, make maple syrup and maple sugar. View artifacts in the maple museum or tour the 100-year old Spruce Lane Farmhouse. Hop on a wagon that will take you to a heated pancake house where you can enjoy fresh, hot pancakes with pure maple syrup and sausages, fresh maple taffy and maple sugar served up throughout the festival hours. All of these wonderful events will run from 9:30am to 3pm daily during the March Break. The park has over 10km of multi-purpose trails and a children's play barn to further add to your exciting day.

Skate & Swim! Swim and kate at City of Burlington recreation centres and pools. For more information, visit [burlington.ca](#). Come and explore [Discovery Landing](#), a unique place to discover, celebrate, play and relax and enjoy free recreational outdoor skating (weather permitting). There will also be [fun, interactive programs](#) at Discovery Landing where kids can learn about water, weather and the environment this March Break! Preregistration is required.

More than Blooms! For those families wanting to warm up from winter's chill, head to the Royal Botanical Gardens. The whole family will enjoy learning about the biological origins of music with the [Wild Music](#) exhibits going on all month. Learn about rhythm and drumming with the [Wild About Rhythm Drum Circle](#) on Tuesday March 15th and have a blast with the [Wild Wiggle Tails Family Workshop](#) on Sunday March 13th. There are also various [Discovery Day Camps](#) for the week for kids ages 4 to 13. See [www.rbg.ca](#) for details.

March Break Family Package! This March break the Holiday Inn Burlington is offering a family package which includes one night standard accommodation, scavenger hunts, and a FREE kid's show daily in the Holidome. In addition kids can enjoy movies nightly on the big screen in the Holidome and trivia & games. Call for pricing and reservations: 905-639-4443 x.4676 or 1-888-987-4888 or visit [www.hiburlington.ca](#) for details.

Dining in Burlington! "[A Taste of Burlington](#)" continues to March 13th. Experience the eclectic styles and flavours of the world, as 24 of Burlington's finest restaurants offer prix fixe lunch and dinner options. Just by enjoying the tastes of Burlington, you will be entered into a draw to win a 7 day-6 night luxury vacation getaway for 2 to Myrtle Beach, South Carolina or one of two gift baskets each worth \$400!

Much, Much More! Burlington offers so much to SEE & DO. Visit us at the Tourism Burlington Visitor Information Centre 7 days a week, 9-4pm, or on the web at [www.tourismburlington.com](#), or contact us at 905.634.5594.

Tourism Burlington Contact:

Simone Babineau, Marketing Coordinator

414 Locust St. Burlington, ON L7S 1T7

905 634-5594

babineaus@burlington.ca www.TourismBurlington.com