

MEDIA RELEASE

Public Service Announcement

For Immediate Release
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Enjoy Family Day in the City

There is nothing more valuable to families than time together. On February 21st, 2011, explore the many things our city has to offer during the Family Day holiday.

In Burlington there are many great things to do, like spending some time with your family skating on the Rotary Centennial Pond at the [Waterfront at Downtown Burlington](#). Discovery Landing is a unique place to discover, celebrate, play and relax. Walk the 80-foot timeline that tells the history of the waterfront, or take in the wonderful views of Lake Ontario from the Observatory.

[Bronte Creek Provincial Park](#) offers fun for the whole family. The park has over 10 km of multi-purpose trails, a children's play barn, and an Olympic-size skating rink. If indoor skating is your preference, Appleby Ice Centre offers family and public skates. [City pool facilities](#) offer fun swims at Tansley Woods Community Centre, Angela Coughlan Pool, and Aldershot Community Pool. Tansley Woods Community Centre is also selling Family Day Passes for access to its drop-in gym, craft, basketball, and fitness activities.

There are some great spots for active outdoor enthusiasts of any age. Come out and enjoy winter at one of [Conservation Halton's](#) many Conservation Areas. There's [Crawford Lake](#), with its 468-hectare park on the Niagara Escarpment, the Nassagaweya Canyon Interpretive Lookout, 19 km of hiking and cross-country skiing, and snowshoeing trails with connections to the Bruce Trail. Its 15th-century reconstructed Iroquoian Village and heritage site is a must-see.

[Mountsberg Conservation Area](#) has great hiking and cross-country ski trails with boardwalks, birdfeeders and interpretive lookouts to enjoy. For Family Day, you can have fun riding in a horse-drawn sleigh, or listening to stories around a roaring bonfire with their day-long "Tales by a Winter's Fire" event.

Experience [Glen Eden's](#) 12 slopes which are not just for skiers and snowboarders since there is also cross country skiing, snow shoeing, and even snow tubing. Enjoy an event-filled day with the Family Day Dummy Race at Glen Eden! Start building a "dummy" now, and get ready to participate in the annual dummy race. The whole family can also have fun tobogganing and skating at Lowville Park or taking a leisurely hike on the Bruce Trail.

For those families wanting to warm up from winter's chill, head to the [Royal Botanical Gardens](#). Inside the luscious Mediterranean Garden, see the spectacular *Glass under Glass* exhibition of glass art now in full bloom. Over 100 shining examples of glass art from local artists are on display and for sale. The whole family will enjoy the new *Wild Music* experience as well. This 4,500 square-foot exhibit allows you to learn about the biological origins of music through amazing, interactive displays. You can become a musician too with the *Wild About Rhythm Drum Circle* event, a fantastic opportunity to play drums with Tribal Thunder and further discover the science of sound through hands-on demonstrations. The RBG is open 10am - 5pm daily.

An exciting new event this year is the Rotary Club of Burlington Lakeshore's [Kidfest](#) at Corpus Christi High School. Your day will be filled with a variety of games, live entertainment, workshops, and crafts, sure to please children and parents alike. You can bounce and slide in the inflatable jumping centres, try new activities like yoga, hockey, hip-hop, and martial arts, make your own books, jewellery, or paintings, sing and dance along with performers such as Jude Johnson and Lenny Graf, meet and learn from local police officers and firefighters, or even transform into a princess for the day with the Kidfest Princess Experience. The \$2 per person admission fee will support Rotary Children's charities to help children in need in our community.

Family Day is a wonderful opportunity to enjoy family time together. On Monday February 21st, enjoy activities right at home at home in Burlington. For more information about things to SEE & DO in Burlington, visit www.tourismburlington.com or contact Tourism Burlington at (905) 634-5594.

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